Curriculum Vitae

RACHEL NEEDLE, Psy.D.

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EDUCATION

8/01-9/06 **Doctorate of Psychology (Clinical Psychology)**
Nova Southeastern University
Fort Lauderdale, Florida
APA accredited program

10/04-7/05 **Certification in Sex Therapy**
Florida Postgraduate Sex Therapy Training Institute
Palm Beach, Florida

8/01-8/03 **Master of Science in Clinical Psychology**
Nova Southeastern University
Fort Lauderdale, Florida
APA accredited program

8/96-5/00 **Bachelor of Arts in Psychology**
Barnard College, Columbia University
New York, New York

HONORS and AWARDS

7/06 **Florida Psychological Association**, Second prize winner of the Student Poster Presentation Contest.

12/03 **Young Clinician Award Recipient.** Awarded by the Broward County Psychological Association.

5/00 **Graduated Cum Laude,** Barnard College

'99'-00 **Dean's List,** Barnard College

CLINICAL TRAINING EXPERIENCE

9/11-Present **Rachel Needle LLC**
Consultant
West Palm Beach, Florida

Professional consultant to substance abuse facilities. Duties include working with various residential and outpatient facilities specializing in substance abuse to expand programming, introduce new ways to work with clients, and incorporating other addictive behavior programs such as sexual compulsivity and eating disorders, and training staff members in using motivational interviewing.

9/11-Present **Whole Health Psychological Center**
Executive Director
West Palm Beach, Florida

A group practice setting devoted to treating a range of psychological disorders. Duties include managing and running the practice. Services include individual, group, family, and couple's therapy. Forensic, parenting, psychosexual, and psychoeducational evaluations are also conducted by specialists in the practice. sexual medicine and relationship concerns.

9/09-Present **Center for Marital and Sexual Health of South Florida**
Licensed Psychologist
West Palm Beach, Florida

A private practice setting devoted to sexual medicine and relationship concerns. Provide evaluation and treatment services for a variety of sexual dysfunction and relationship difficulties. These include specific sexual disorders, such as erectile failure, inhibited sexual desire, lack of sexual arousal, difficulty achieving orgasm, painful intercourse, problems with vaginal penetration, and problems of early and delayed ejaculation. Treatment options include both individual and couple's therapy.

9/06-9/09 **Center for Marital and Sexual Health of South Florida**
Post-Doctoral Fellow
West Palm Beach, Florida

A private practice setting devoted to sexual medicine and relationship concerns. Provide evaluation and treatment services for a variety of sexual dysfunction and relationship difficulties. These include specific sexual disorders, such as erectile failure, inhibited sexual desire, lack of sexual arousal, difficulty achieving orgasm, painful intercourse, problems with vaginal penetration, and problems of early and delayed ejaculation. Treatment options include both individual and couple's therapy.

9/05-9/06 **Center for Sexual and Relationship Health**

Psychology Intern
UMDNJ: Robert Wood Johnson Medical School
Piscataway, New Jersey

Provide evaluation and treatment services for a variety of sexual dysfunction and relationship difficulties. These include specific sexual disorders, such as erectile failure, inhibited sexual desire, lack of sexual arousal, difficulty achieving orgasm, painful intercourse, problems with vaginal penetration, and problems of early and delayed ejaculation. Treatment options include both individual and couple's therapy.

Supervisor: Sandra R. Leiblum, Ph.D.

9/05-9/06 **Cancer Institute of New Jersey**
Psychology Intern
UMDNJ: Robert Wood Johnson Medical School
New Brunswick, New Jersey

Provide psychological services to individuals with either a current or past cancer diagnosis. Issues faced may include: Depression, anxiety, the emotional impact of the diagnosis, coping with the treatment and its side-effects, adjusting to changes in your body, relationships, work and lifestyle, adapting to life after treatment, and sexuality during and after a cancer diagnosis.

Supervisor: Linda Patrick-Miller, Ph.D.

9/05-9/06 **Employee Assistance Program**
Psychology Intern
UMDNJ: Robert Wood Johnson Medical School
Piscataway, New Jersey

Provide short-term treatment and consultation to adults, couples, and families with a variety of presenting problems. Interventions are most often conducted from a cognitive-behavioral approach in conjunction with solution-focused techniques.

Supervisor: Angelica Diaz Martinez, Ph.D.

8/04-5/05 **School Psychology Assessment and Consultation Center**
Practicum Therapist
Nova Southeastern University Community Mental Health Center
Fort Lauderdale, Florida

Conducted comprehensive psychoeducational evaluations for school related academic, developmental, behavioral, and learning problems. These evaluations included: parent and child interviews; behavioral observations; formal test

administration; psychoeducational reports; personal feedback to parents; and school consultation as appropriate.

Supervisor: Ralph E. Cash, Ph.D., NCSP

8/03-8/04 **Trauma Resolution Integration Program (TRIP)**
Practicum Therapist
Nova Southeastern University Community Mental Health Center
Fort Lauderdale, Florida

Provided psychological services to individuals age 18 and over who were experiencing difficulties related to: a history of child abuse (physical and/or sexual), a single event trauma occurring in adulthood (e.g. rape, physical assault, life threatening accident or injury, natural disaster), and/or dissociative experiences. Clinical services included evaluation and testing, individual psychotherapy, coping skills training groups, Dialectical Behavior Therapy (DBT) groups. Weekly supervision meetings were conducted in a group didactic format (3 hours per week) as well as individually (1 hour every other week).

Supervisor: Steven Gold, Ph.D.

7/02-9/03 **Nova Southeastern University Student Counseling Services**
Practicum Therapist, Sports Psychology
Fort Lauderdale, Florida

Provided brief and long-term therapy for undergraduate athletes. Conducted individual therapy with students of diverse backgrounds, including students with international status. Presenting problems included Axis I diagnoses, Axis II diagnoses, adjustment difficulty, performance enhancement, and time management. Performed intake evaluations, and educational programs for undergraduate sports teams on topics such as team work, goal setting, communication, and conflict resolution.

Supervisor: Barry Schneider, Ph.D.

8/02-8/03 **Guided Self-Change Program (GSC)**
Practicum Therapist
Nova Southeastern University Community Mental Health Center
Fort Lauderdale, Florida

Provided assessment and psychotherapy for clients with moderate alcohol, tobacco, and/or illicit drug problems. Diverse population including adolescents to older adults. Interventions were conducted from a cognitive-behavioral approach in conjunction with solution-focused and motivational interviewing techniques. An additional 4-month rotation included co-facilitating a psychotherapy group at the Broward Outreach Center, a residential rehabilitation program for the

homeless. Weekly supervision meetings were conducted in a group didactic format (3 hours per week) as well as individually (30 minutes per week).

Supervisors: Linda C. Sobell, Ph.D., ABPP and Mark B. Sobell, Ph.D., ABPP.

OTHER CLINICAL AND WORK EXPERIENCE

07/10-Present **Founder and CEO**
Advanced Mental Health Training Institute
West Palm Beach, Florida

Started the Advanced Mental Health Training Institute (AMHTI), a continuing education provider company specializing in offering trainings/certifications to mental health professionals in the state of Florida. The Advanced Mental Health Training Institute is dedicated to bringing quality training seminars to therapists and clinicians. The AMHTI's mission is to provide the highest quality material in a professional environment and in an engaging and entertaining manner.

9/01-10/02 **Patient Counselor**
1/07-present ***Presidential Women's Center***
West Palm Beach, Florida

Provided counseling support to women concerning reproductive health options. Helped women in exploring their options and decision making regarding pregnancy. Provided education in contraceptive options and STI prevention.

Supervisor: Heidi Ott, M.S.

9/99-5/01 **Assistant Teacher**
Center for Toddler Development
Barnard College
New York, New York

Helped to facilitate the early socialization and separation of toddlers and parents. Reported and discussed the actions and emotional states of each of the toddlers following each class.

Supervisor: Tovah Klein, Ph.D.

6/98-11/98 **Patient Facilitator/Counselor**
Eastern Women's Center
New York, New York

Provided counseling in family planning and medical services and options.

Supervisor: Susan DiDinato, R.N., Director

RESEARCH EXPERIENCE

10/05-8/06 **Research Assistant**
A Questionnaire Survey of Female Persistent Sexual Arousal Syndrome (PSAS)
UMDNJ: Robert Wood Johnson Medical School
Piscataway, New Jersey

Research assistant for an IRB approved study to learn more about women's experience of persistent sexual arousal. Women between the ages of 18 and 85, who report symptoms of persistent sexual arousal are asked, via the internet, to complete two questionnaires, one about persistent sexual arousal and one about their overall experience with sex. Responsibilities include revising the online questionnaires, and conducting telephone interviews with some women wishing to be contacted regarding their experience with persistent sexual arousal.

Supervisor: Sandra R. Leiblum, Ph.D.

7/02-1/09 **Project Coordinator**
Sexual Experiences Inventory (SEI)
Nova Southeastern University
Fort Lauderdale, Florida

Project Coordinator for an IRB approved study developing and validating a sexual addiction/compulsivity instrument called the Sexual Experiences Index (SEI). Duties include IRB submission, contacting sites for data collection, coordinating data collection, entering data, and participant recruitment. Other responsibilities include supervising research students, preparing presentations for conferences and writing up the study for publication.

Supervisor: Steven N. Gold, Ph.D.

1/02-7/05 **Research Assistant**
The Battered Woman Syndrome Project
Nova Southeastern University
Fort Lauderdale, Florida

Participated in an international study aimed to establish validity and reliability for the revised form of the Battered Woman Syndrome Questionnaire (BWSQ). Responsibilities included conducting 2-4 hour face-to-face clinical assessment

interviews using the revised form of BWSQ and assessing for psychological implications of battering. Other responsibilities included soliciting participants for participation at local shelters and clinical settings, providing mentorship and training for students in protocol, and preparing presentations for national and international conferences.

Supervisor: Lenore Walker, Ed.D., ABPP

11/02-7/05 **Principal Investigator**
Sexual Side Effects of Breast Cancer Treatment
Nova Southeastern University
Fort Lauderdale, Florida

Principal Investigator for an IRB approved research study examining the sexual side effects of breast cancer treatment. Assessment measures utilized include the Symptom Checklist 90-Revised (SCL90-R), the Derogatis Interview for Sexual Functioning (DISF-SR), the Eating Disorders Inventory – Second Edition (EDI-2), and a brief demographic and medical treatment questionnaire.

6/04-6/05 **Principal Investigator**
The Struggle to Find Common Ground: Intolerance in the Battle Over Abortion
Nova Southeastern University
Fort Lauderdale, Florida

Principal investigator in a study that examined the issue of intolerance as it relates to the topic of abortion. This was a case study of two individuals heavily invested in opposite sides of the abortion issue who have maintained a relationship in which they are able to discuss this controversial issue and remain tolerant of each other's views. Objectives included identifying the key factors contributing to their success in maintaining a relationship and listening to one another with tolerance and respect.

Supervisor: Dominic Callahan, Ph.D.

1/02-10/03 **Research Assistant**
Sex Industry Project (SIP)
Nova Southeastern University
Fort Lauderdale, Florida

Research assistant for an IRB approved, multi-phase research study on the sex industry. Conducted quantitative and qualitative analyses of male and female individuals employed in the sex industry as a nude dancer, prostitute, adult film actor, or any combination of these. Objectives of the study were to examine childhood experiences, sexual and physical abuse histories, sexual behaviors, and substance abuse histories. Secondary objectives included understanding the process of becoming a sex worker and the occupational milieu of the sex industry.

Assessment measures utilized included Dissociative Experiences Scale, Sexual Experiences Inventory, Beck Depression Inventory – 2nd Edition, Alcohol Use Disorders Identification Test, Drug Abuse Screening Test – 10, Childhood Trauma Questionnaire, the Life Satisfaction Scale, and the Rosenberg Self Esteem Scale. Responsibilities included collecting data, recruiting participants, and networking with sex industry employees to facilitate data collection.

Supervisors: Steven N. Gold, Ph.D. and Alfred H. Sellers, Ph.D.

6/03-9/03 **Telephone Interviewer**
Project CHOICES
Nova Southeastern University
Fort Lauderdale, Florida

Telephone interviewer/screener for a study, being done in collaboration with the CDC and two other universities, focusing on reducing the risk of alcohol exposed pregnancies. This project targets high-risk women before they became pregnant and focuses on both reducing risky drinking and postponing pregnancy until risky drinking is resolved. Responsibilities included subject recruitment, telephone screenings and interviews, and
scheduling appointments.

6/03-6/04 **Directed Study**
Basics of Group Psychotherapy
Nova Southeastern University
Fort Lauderdale, Florida

Developed and scripted (in collaboration with three other students) a professional training video/CD-ROM and related materials that demonstrate, through clinical vignettes, the basics of conducting group psychotherapy. Supplementary materials include a literature review, client profiles, a question and answer section, a suggested reading list, a PowerPoint presentation, and references.

Supervisor: Linda C. Sobell, Ph.D., ABPP

1/00-5/00 **Research Assistant**
Barnard College
Department of Psychology
New York, New York

Coded Thematic Apperception Tests (TAT) and analyzed strategy questionnaires for Complexity for a research study investigating how personal needs reflected imaginative stories influence memory processes. Conducted/ran experiments. Data input and analysis using SPSS. Practiced writing up experiments as if they were being submitted for publication.

Supervisor: Barbara Woike, Ph.D.

ACADEMIC EXPERIENCE

1/14-Present **Nova Southeastern University, Adjunct Professor**
Masters in Forensic Psychology Program
Fort Lauderdale, Florida

Courses Taught:

Gender Violence: Domestic Violence, Sexual Assault, & Child Abuse

Designed courses, prepared comprehensive lectures and facilitated class discussions related to course readings and topics of interest.
Evaluated students' progress using a variety of methods, which included examinations, papers, and discussion posts.

9/14-12/14 **Nova Southeastern University, Adjunct Professor**
Doctorate in Criminal Justice Program
Fort Lauderdale, Florida

Gender Violence: Domestic Violence and Sexual Abuse

Designed courses, prepared comprehensive lectures and facilitated class discussions related to course readings and topics of interest.
Evaluated students' progress using a variety of methods, which included examinations, papers, and discussion posts.

5/04-Present **Nova Southeastern University, Adjunct Professor**
Department of Behavioral Sciences
Fort Lauderdale, Florida

Courses Taught:

Human Sexuality – taught in classroom and online
Behavior Modification
Personality
Psychology of Gender

Designed courses, prepared comprehensive lectures and facilitated class discussions related to course readings and topics of interest. Managed thirty students at a time. Evaluated students' progress using a variety of methods, which included examinations, papers, and class presentations.

9/06-12/06 **Lynn University, Adjunct Professor**

Department of Behavioral Sciences
Boca Raton, Florida

Course Taught:

Personality Theories

Designed courses, prepared comprehensive lectures and facilitated class discussions related to course readings and topics of interest. Managed thirty students at a time. Evaluated students' progress using a variety of methods, which included examinations, papers, and class presentations.

10/07-5/2013 **South University, Assistant Professor & Clinical Coordinator**
Masters in Counseling
West Palm Beach, Fl

Courses Taught:

Counseling Theories
Human Sexuality
Substance Abuse Counseling
Professional Issues and Ethics
Social and Cultural Foundations
Management, Consultation, and Advocacy
Community Mental Health

Designed courses, prepared comprehensive lectures and facilitated class discussions related to course readings and topics of interest. Managed thirty students at a time. Evaluated students' progress using a variety of methods, which included examinations, papers, and class presentations. Place and supervise students during their practicum and internship training.

PRESENTATIONS

Needle, R., Walker, L., Duros, R., Darby, S., Tang, J., & Tome, A. (2007 August). *Traumatic Effects of Battered Woman Syndrome: Sexuality, Body Image, and the Battered Woman Syndrome*. Symposium presented at the annual meeting of the American Psychological Association in San Francisco, CA.

Duros, R. L., Darby, S., **Needle, R**., Tang, J., & Walker, L. *Body Image and Sexuality in a Battered Women Sample*. Poster presentation at the Florida Psychological Association, Sarasota, FL, 2006.

Needle, R. (2006, April). *Body Image and Sexuality After Breast Cancer Treatment*. Workshop presentation at the Breast Cancer Resource Center in Princeton, NJ.

Needle, R., Richmond, K., & Walker, L. (2005 August). *Battered Woman Syndrome After*

Thirty Years. Symposium presented at the annual meeting of the American Psychological Association in Washington, D.C.

Callahan, D., **Needle, R.,** & Foley, J. (2004, October). *The Divided State of America: A psychological examination of intolerance.* The Second Annual Young Clinician Award Lecture in Fort Lauderdale, Florida.

Needle, R. (2004, October). *The Struggle to Find Common Ground: Intolerance in the battle over abortion.* Workshop presentation and panel discussion at the Second Annual Young Clinician Award Lecture in Fort Lauderdale, Florida.

Needle, R., Seibel, S., & Gold, S. *Sexual side effects of breast cancer treatment.* (2004, July). Poster presentation at the annual meeting of the American Psychological Association in Honolulu, Hawaii.

Walker, L.E., Shapiro., Seelen, J., & Wong, F. (2004, July). *If psychologists presented the insanity trial of Andrea Yates.* Symposium presented at the annual meeting of the American Psychological Association in Honolulu, Hawaii. Participated as an "expert witness."

Gold, S. N.**,** Sellers, A. H., & Powell, L., & **Needle, R**. (2003, September). *Sexual Experiences Index: Reliability and validity in demographically matched samples.* Workshop presentation at the annual meeting of the National Council on Sexual Addiction and Compulsivity (NCSAC) in Minneapolis, Minnesota.

Walker, L.E., Richmond, K., **Needle, R.,** Villavicencio, P., & Antonopoulous, C. (2003, July). *Battered Woman Syndrome: International and cross-cultural issues in assessment.* Workshop presentation/panel discussion at the 29th Interamerican Congress of Psychology, Lima, Peru.

Needle, R. *An Issue Often Overlooked: Sexual side effects of breast cancer treatment.* (2002, November). Poster presentation at Nova Southeastern University's Student Research and Clinical Conference in Davie, Florida.

Gold, S. N.**,** Sellers, A. H., & Powell, L., & **Needle, R**. (2002, October). *The Sexual Experiences Index: A new standardized measure of sexual addiction/compulsivity.* Workshop presentation at the annual meeting of the National Council on Sexual Addiction and Compulsivity (NCSAC) in Nashville, Tennessee.

PUBLICATIONS

Althof, S., & **Needle, R.** Sex Therapy in Male Sexual Dysfunction. In: Cancer and Sexual Health. Edited by John P. Mulhall, Luca Incrocci, Irwin Goldstein, and Ray Rosen, Springer, New York, 2011, 731-738.

Althof, S., & **Needle, R.** The Biopsychosocial Evaluation of Erectile Dysfunction (ED). In:

Textbook of Erectile Dysfunction, Second Edition. Edited by Culley C. Carson III, Roger S. Kirby, Irwin Goldstein, and Michael G. Wyllie, Informa Healthcare USA, New York, 2009, 184-189.

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Walker, L.E.A., Richmond, K., House, T., **Needle, R.** & Smalley, K.B. History. In: *The Battered Woman Syndrome* (3rd Ed). New York: Springer, 2009, 21-39.

Walker, L.E.A., Duros, R., Aleah, N., Gill, K., & **Needle, R.** Body Image and Health Concerns. In: *The Battered Woman Syndrome* (3rd Ed). New York: Springer, 2009, 145-165.

Walker, L.E.A., **Needle, R.**, Duros, R., & Nathan, A. Sexuality Issues. In: *The Battered Woman Syndrome* (3rd Ed). New York: Springer, 2009, 167-198.

Walker, L.E.A., **Needle, R.**, et al. Cross-Cultural and Cross-National Issues in Domestic Violence. In: *The Battered Woman Syndrome* (3rd Ed). New York: Springer, 2009, 275-310.

Needle, R.B., & Walker, L.E. (August 2007). *ABORTION COUNSELING: A Clinician's Guide to Psychology, Legislation, Politics, and Competency*. New York: Springer.

Needle, R., Duros, R. L., Darby, S., Tang, J., & Walker, L. (In preparation) Body Image and Sexuality in a Battered Women Sample.

Leiblum, S.R., & **Needle, R.** (2006). Female ejaculation: Fact or fiction. *Current Sexual Health Reports, 3(2).*

Abramovich, E., Powell, L. P., Eickleberry, L. L., **Needle, R. B.**, & Jones, G. M. (2003). *Gender comparisons and prevalence of trauma and dissociation in a sample of sex industry workers: Preliminary findings.* Manuscript in preparation for publication, Nova Southeastern University.

Cosmo Girl Magazine, September 2002. Listen Up: Why One Reader Opposes Parental-Involvement Laws.

MAGAZINE ARTICLES

Sexual Addiction: Is he addicted or is it just an excuse? Vive Magazine

Stay or Go? Overcoming Infidelity and Moving On After the Betrayal: Vive Magazine

"I've Never Had an Orgasm". Response to reader quoted in Shape Magazine

Should You Get a Sex Coach?: Quoted throughout article in Details Magazine

Try These Racy Sex Tips Tonight: Smitten, Glamour Magazine's Online Blog

Six Ways to Get Out of a Relationship Rut: Smitten, Glamour Magazine's Online Blog

Orgasms: 8 Ways to Increase Your Chances of Having the Big One: Smitten, Glamour Magazine's Online Blog

Anal Sex: A Beginner's Guide: Smitten, Glamour Magazine's Online Blog

Female ejaculation: Sirens Magazine Online

Introduce Your Guy to Something New in the Bedroom With This Expert Advice: Smitten, Glamour Magazine's Online Blog

Oh Man! 6 Fun Facts About Male Orgasms: Smitten, Glamour Magazine's Online Blog

CLINICAL TRIALS

Palitan Technologies: Sub-Investigator, Bremelanotide for the Treatment of Female Sexual Dysfunction. 2011.

United BioSource: Sub-Investigator, Assessing the Content Validity of the Premature Ejaculation Profile (PEP) in Men with Premature Ejaculation. 2010

Boehringer-Ingelheim: Sub-Investigator, Qualitative Interview Study to Categorize Men with Low Sexual Desire and Related Distress. 2010

Johnson and Johnson: Sub-Investigator, A Prospective, Randomized, Double-Blind, Placebo Controlled, Parallel-Group, Multicenter Study of the Efficacy and Safety of Dapoxetine in Men With Premature Ejaculation and Concomitant Erectile Dysfunction Treated With a Phosphodiesterase-5 Inhibitor. 2010

Endoceutics: Sub- Investigator, DHEA against Vaginal Atrophy (Placebo-Controlled, Double-Blind and Randomized Phase 3 Study of 3- Month Study of Intravaginal DHEA) Plus Comparison with Estradiol (Open Label). 2010

Boehringer-Ingelheim: Sub-Investigator, A twenty-four week, randomized, double-blind, placebo-controlled, safety and efficacy trial of flibanserin (100 milligrams) administered orally once daily in naturally postmenopausal women with hypoactive sexual desire disorder in the United States 2009

Boehringer-Ingelheim: Clinical Coordinator and Sub-Investigator, A Multi-Center Registry of Hypoactive Sexual Desire Disorder in Women 2008-2009.

Boehringer-Ingelheim: Clinical Coordinator and Sub-Investigator, Hypoactive Sexual Desire Disorder in Women Registry: Cognitive Debriefing Study 2008-2010.

Boehringer-Ingelheim: Primary Investigator, A twelve month, open-label, safety trial of Flibanserin 50 milligrams to 100 milligrams daily in women with Hypoactive Sexual Desire Disorder 2008

Johnson & Johnson: Sub-Investigator, A Randomized, Multi-Center, Four-Arm, Five-Week Validation Study to Evaluate Sensitivity of the Female Sexual Well-Being Scale (FSWB) to Interventional Product Use 2008.

Health Research Associates: Sub-Investigator, A Cross-Sectional Qualitative Interview Study, Additional Validation Work on the Index of Premature Ejaculation (PE) Using the ISSM (International Society for Sexual Medicine) definition of PE 2008).

Boehringer-Ingelheim: Sub-Investigator, A 24 Week Fixed Dose Trial of Flibanserin versus Placebo in Pre-menstrual Women with Hypoactive Sexual Desire Disorder 2007

BioSante: Sub-Investigator Discriminant Validation of the Inventory for Sexual Events and Desire and the Desire Domain of the Sexual Function Questionnaire. 2007

Palatin/King: Sub-Investigator, A Placebo-Controlled, Randomized, Double-Blind, Parallel Group, At-Home Exploratory Study to Evaluate the Efficacy and Safety of Intranasally Administered PT-141 in Subjects with Female Sexual Arousal Disorder (FSAD), 2007

BioSante: Sub-Investigator, A Phase III, Randomized Double-Blind, Placebo-Controlled, Multi-Center Study of the Safety and Efficacy of LibiGel for the Treatment of Hypoactive Sexual Desire Disorder in Surgically Menopausal Women. 2007

VOLUNTEER WORK AND COMMUNITY OUTREACH

3/04 **Volunteer Recruitment Day**
Nova Southeastern University
Fort Lauderdale, Florida

Organized a volunteer fair at which different possible volunteer sites and programs in the community were represented, allowing students to explore their interests and how they could become involved in volunteering.

3/04 **Graduate School Fair**
Nova Southeastern University
Fort Lauderdale, Florida

Provided information to undergraduate students about Nova's Center for Psychological Studies.

1/04 **Outreach Presentation**
Nova Southeastern University
Fort Lauderdale, Florida

Provided didactic presentation to Nova Southeastern University undergraduates focusing on awareness and treatment of substance abuse from a motivational interviewing perspective.

10/03 **Diversity Training**
Nova Southeastern University
Fort Lauderdale, Florida

Provided diversity training to first-year doctoral students as part of the Ethics course. Training focused on the importance of cultural awareness and multicultural competence. Prepared scenarios for role-playing as part of the training. Diversity issues including race, ethnicity, culture, religion, gender and sexual orientation were discussed.

4/03 **Clinical Screener – National Alcohol Screening Day**
Nova Southeastern University
Fort Lauderdale, Florida

Screened individuals for alcohol abuse and/or alcohol dependence using brief screening measures. Made referrals for appropriate treatment and provided psychoeducational resources.

1/03 **Undergraduate Mentoring Program**
Nova Southeastern University
Fort Lauderdale, Florida

Met with the undergraduate psychology club board members and faculty advisor in order to propose the start of an undergraduate mentoring program. This program aspires to facilitate undergraduate (mostly psychology majors) involvement in the graduate Center for Psychological Studies. This program aims to help bridge the gap between the undergraduate and graduate students, aid the undergraduate students in the process of applying to graduate schools for psychology, provide mentoring to the undergraduates, and to help the undergraduates become involved in research if they are interested.

1/03, 3/04 **Alcohol Use and Abuse Workshop**
Nova Southeastern University
Fort Lauderdale, Florida

Organized and lead a workshop on responsible drinking. Information about alcohol was provided. Topics discussed included (but were not limited to): blood alcohol level, tolerance, alcohol myths and facts, possible consequences of college drinking, and DUI facts. Psychoeducational materials were designed and provided for the students.

1/03, 1/04 **Take Back the Night March**
Nova Southeastern University
Fort Lauderdale, Florida

Organized, in collaboration with the residential life department, the first annual Take Back the Night March at Nova Southeastern University. Participated in the rally to promote awareness of sexual abuse and assault on campus and within the community. Provided psychoeducational materials.

12/02 **Cofounder of a Non-Profit Organization**
Florida Friends for Choice
West Palm Beach, Florida

Initiated and coordinated a non-profit organization to aid in the protection of the privacy rights, civil rights and health care rights of women. The organization provides legal aid to women and healthcare providers for the purpose of guarantying access to quality and safe reproductive health care for all women.

11/02 **Cofounder and Co-President**
Jewish Psychology Students Association (JPSA)
Fort Lauderdale, Florida

Created and co-organized the Jewish Psychology Students Association (JPSA). JPSA is comprised of students that are Jewish, or have an interest in the Jewish culture, Jewish religion or state of Israel. JPSA aims to create a community within Nova's Center for Psychological Studies where students can explore various aspects of Judaism, can interact with other student and professional organizations, and can become aware and appreciative of different religious and cultural backgrounds as they relate to the conceptualization, philosophy, and practice of psychology.

11/02 **Volunteer**
Peer Center
Oakland Park, Florida

Celebrated Thanksgiving at the PEER Center, an advocacy and support center where individuals with serious mental illness come and participate in their rehabilitation and recovery. Helped set up for and serve Thanksgiving dinner and participated in a whole day of festivities.

10/02 **The Psychology Wellness Fair**
Broward County Psychological Association
Davie, Florida

Distributed psychoeducational materials on domestic violence and alcohol abuse.

6/99-8/99 **Volunteer and Unit Leader**
St. Luke's-Roosevelt Hospital, Child and Adolescent Psychiatric Unit
New York, New York

Lead group of children in various recreational and educational activities, attended meetings with psychiatrists and graduate students to discuss the children and their activities, as well as to brainstorm ideas.

6/98-11/98 **Organization Volunteer**
Broadway Cares/Equity Fights AIDS
New York, New York

Assisted with the coordination and preparation of fundraising and public relations events.

6/98-9/98 **Psychology Intern**
Dr. Alfred Yassky, Psychoanalyst
New York, New York

Transcribed tapes of therapy sessions, created and sent out pamphlets for a conference, made conference arrangements including arranging the workshops, speakers, and the catering.

6/98-9/98 **Children's Summer Program Volunteer**
New York Presbyterian Medical Center, The Special Needs Clinic
New York, New York

Supervised and organized field trips for children afflicted with and affected by HIV/AIDS.

ADDITIONAL CLINICAL TRAINING

01/2012-Present Imago Relationship Therapy Trainee

ACTIVITIES AND LEADERSHIP

- Advocates for Sexual Assault Prevention (ASAP), ***Campus Outreach Coordinator*** (2004)
- Center for Psychological Studies Student Government Association, ***Vice President*** (2003-2004)
- Student Organization for the Advocacy of Psychology, ***Student Member*** (2003-2006)
- Center for Psychological Studies Student Government Association, ***PsyD Representative*** (2002-2003)
- Jewish Psychology Students Association, ***Co-Founder & President*** (2002-2005)
- Feminist Alliance for Networking and Support, ***Student Member*** (2001-2005)
- Ethnic Minority Association of Graduate Students, ***Student Member*** (2001-2006)
- Clinical Training Committee, Nova Southeastern University, ***Student Representative*** (2001-2003)
- Barnard College Psychology Club, ***President*** (1998-2000)
- Barnard College Psychology Club, ***Public Relations Representative*** (1997-1998)

- Students for Sensible Drug Policy (SSDP), Columbia University Chapter, ***Officer*** (1997-2000)
- Columbia University Concert Committee, ***Hospitality Chair*** (1996-1999)

PROFESSIONAL ORGANIZATIONS

- American Psychological Association, ***Member***
- Division 35: Society for the Psychology of Women, ***Affiliate***
- Florida Psychological Association, ***Student Affiliate***
- The American Association of Sex Educators, Counselors and Therapists, ***Professional Member***
- The Society for the Advancement of Sexual Health, ***Student Affiliate***
- The Society of Interamerican Psychology***, Student Affiliate***
- The Society for Sex Therapy and Research, ***Member***

REFERENCES

Stanley E. Althof, Ph.D.
Executive Director, Center for Marital and Sexual Health of South Florida,
Professor of Psychology, Case Western Reserve University School of Medicine
1515 N. Flagler Drive Suite 540
West Palm Beach, Fl 33401
(561)-822-5454

Lenore Walker, Ed.D., ABPP
Coordinator of Clinical Forensic Psychology Concentration
Professor of Psychology
Nova Southeastern University
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